

G. John Murley

Kingsley Moyo

Abigail Lawrence

Jay Homenuk

Charles Toop

Loralee Toop

Sabbath, August 8th, 2020

Sabbath School - 10:00 AM

(meets in the fellowship room downstairs)

Bible Study “Unlimited Possibilities” Lesson 6
Pastor J. Murley

Sabbath Worship Service - 10:55 AM

Welcome & Call to Worship

Praise & Worship
Stephanie Kalmar & Team

Offering
Andrews/Loma Linda Universities

Children Story

Sermon
“Overcoming – In Times of Trouble”
Pastor J. Murley

Special Music
David Ribeiro
“Cry Out to Jesus”

Benediction

Sunset Tonight: 9:16 PM

Sunset Next Sabbath: 9:01 PM

WELCOME TO OUR CHURCH MEMBERS AND VISITORS – we are happy you are joining us in worship today. Please continue to adhere to our re-opening policies and take all necessary precautions. Should you need a mask they are available in the foyer.

“But I trust in your unfailing love. I will rejoice because you have rescued me”. Ps 13:5.

Pre-Nominating Committee Report – SECOND READING – The following individuals have been asked to serve as the Churches Nominating Committee for this year; Lynda Bobb, Mildred Loreto, Lucille Galdamez, Ettienne Mugisha, Matthew Hymanyk, Deepa Moore and Alvin Banoary. Ex-official members are our two Pastors and the Church Treasurer.

Mid-week Bible Study - Wednesday evening 8:00 PM via Zoom. This week lesson is on Acts Chapter 18. We will be studying Paul and Silas’s visit to Corinth and Ephesus. Please follow the zoom link on our Churches Facebook Page to join.

We regret to inform you of the passing of Eric Moore on Thursday evening, following a short battle with Cancer. Eric was the husband of Ann, father of Neil Moore and Sherri McCuaig. Our condolences are extended to the entire Moore’s family. Funeral arrangements to be announce.

Church Business Meeting – Sunday August 16 at 7:00pm via Zoom. The purpose of this meeting is to discuss the proposed renovations to the kitchen.

We encourage all members of Edmonton South to attend as this will be your opportunity to see the plans and have input. Please note that you need to register in order to attend this meeting. Once you have registered, you will receive all the documents related to this proposal.

To Register please use the following link:

<https://us02web.zoom.us/join/zoom-join?meeting=62-YR1CeFPSo6BTgr6YQ>

“Welcome! You are invited to join a meeting: Edmonton south Church Business Meeting. After registering, you will receive a confirmation email about joining the meeting.”

YouTube Channel – Watch our archived Worship Services or join us live each Sabbath by searching for Edmonton South SDA Church on YouTube or visiting www.youtube.com/c/EdmontonSouthSDAChurch

Prayer Corner: Praying for others in “Intercessory Prayer” is an honour and a privilege we take very seriously. As believers in Jesus Christ, we come together finding Hope, Healing and Restoration. *Names to pray for this week include Glen & Sharron Brown, Betti Kindl, Trish Proskiv. Pray also for our seniors & young children.*

Please share with us your prayer requests via the church website: www.edmontonsouthsda.org click on the *Requests* tab or call (780) 465-4426 and let each one of us pray daily for those needs.

Finances update June 30, 2020

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|--------------------------------|--------------|
| Church budget received to date | \$ 54,856.39 |
| Church budget goal to date | 70,500.04 |
| Shortfall | \$ 15,643.65 |

Church WiFi Voucher—need free WiFi?

Connect to EDMSouthSDA-Guest and enter the voucher code 3229204136 at the login page

Edmonton South Health Ministries Department

Steps to Health – Nutrition

“And God said, “Behold, I have given you every plant yielding seed that is on the face of all the earth, and every tree with seed in its fruit. You shall have them for food.” Genesis 1:29

Healthy Eating Principles Part 1:

Eat a wide variety of fresh or frozen fruits and vegetables. It is recommended to eat 9-13 servings of fruits and vegetables every day.

Choose primarily whole-grain instead of refined grains. Whole grain foods include steel cut oats, whole wheat bread, brown rice, whole grain pasta and quinoa.

Include nuts and seeds frequently. Examples: walnuts, almonds, peanuts, sunflower seeds, flax meal, chia seeds, hemp seeds, almond butter, peanut butter.